NIHR | National Institute for Health and Care Research

NIHR South West Peninsula

Connect

2026 | NIHR20 Special Edition

Celebrating 20 years of health and care research







Welcome

Two decades of discovery, collaboration, and impact

For 20 years, the National Institute for Health and Care Research (NIHR) has helped shape research across the South West Peninsula, bringing together researchers, clinicians, patients, communities, and partners with one shared purpose: improving lives through research.

In this first edition of *NIHR South West Peninsula Connect*, we celebrate 20 years of NIHR, reflecting on our shared journey and offering a snapshot of what's been achieved across our research community.

While each part of the infrastructure has a distinct role, our greatest strength lies in how we work together. From supporting world-leading discoveries and delivering clinical research, to expanding opportunities for people to take part in studies and accelerating innovation into practice, collaboration enables research to have greater impact.

Inside, you'll discover the breadth of research taking place across the South West Peninsula, meet some of the people behind it, and explore examples of research making a real difference to patients, the NHS and our communities.

As we celebrate the achievements of the past 20 years, we're also looking ahead to new discoveries, stronger partnerships and an exciting future for health and care



> **One of the most rewarding things about working in health and care research is seeing how an idea can develop into something that genuinely improves people's lives. We've made enormous progress over the past 20 years, but there is still much to do. I know we're all committed to making sure the next generation of research helps people stay healthier for longer, identifies problems earlier and brings the benefits of new discoveries into everyday care.**
>
> **Sallie Lamb, Director, NIHR Biomedical Research Centre: Exeter.**

Together, we're shaping the future of health and care.



NIHR across the South West Peninsula

Different expertise. Shared ambition

Across the South West Peninsula, NIHR-supported organisations and programmes bring together researchers, healthcare professionals, patients, communities and industry partners to improve health and care.

Together, they support research at every stage, from scientific discovery and clinical trials to innovation, public health and improvements in everyday care.

As the health and care system looks to deliver more care in communities, embrace digital technologies and focus increasingly on prevention, research has a vital role to play.

By combining expertise, developing the research workforce and involving people in research, the region's NIHR infrastructure helps turn discoveries into evidence and evidence into better care.

Research built on partnership

The strength of health and care research across the South West lies in collaboration. Behind the NIHR organisations featured in this newsletter is a wider network of NHS trusts, universities, local authorities, charities, industry partners and community organisations, alongside the patients, carers and members of the public who help shape and support research.

These partnerships connect expertise and resources across organisational and geographical boundaries, helping research reach more people and translate discoveries into improvements in health and care. Together, they form part of a vibrant research community across the South West and beyond.

One NIHR. Working together to improve lives.



From left to right: Jo Davis, Sallie Lamb, Nicola Murray, Angela Shore, Joanna Sugden

Celebrating 20 years of NIHR across the South West Peninsula

On 7 October 2026, researchers, healthcare professionals and public contributors came together at Sandy Park in Exeter to celebrate 20 years of the NIHR.

The event provided an opportunity to reflect on two decades of achievements, showcase research making a difference to people's lives today, and explore the opportunities and challenges shaping the future of health and care research.

Bringing together colleagues and partners from across the South West Peninsula, the celebration highlighted the importance of collaboration in driving innovation, improving care and building on the region's research achievements.

Read more about the NIHR20 celebration

NIHR South West Peninsula in Numbers

The people, projects, and partnerships behind our research

As we celebrate 20 years of NIHR, these figures offer a snapshot of the scale and breadth of NIHR-supported research across the South West Peninsula - from scientific discovery and clinical studies to innovation, research delivery and developing the next generation of researchers.

Figures have been supplied by individual NIHR organisations and reflect different reporting periods.

NIHR Applied Research Collaboration South West

Over the last six years

500+ Participants in the Health Service Modelling Associates (HSMA) programme

Over 422 events across the ARC, with over 2,150 attendees

110+ People supported through career development opportunities, including postdoctoral positions, fellowships and internships

NIHR Biomedical Research Centre Exeter

Since 2023

Nearly 15,000 research participants

582 research projects supported

752 research publications

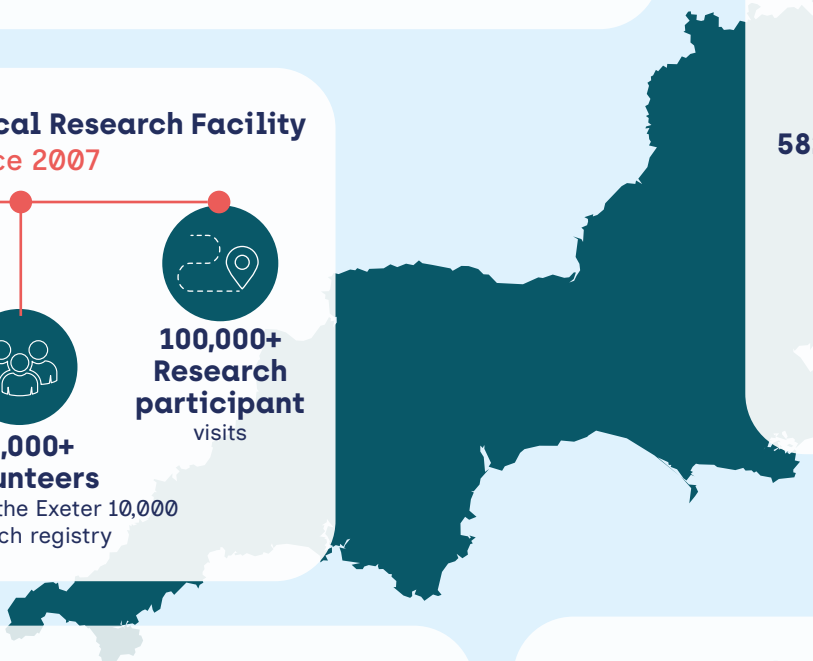
NIHR Exeter Clinical Research Facility

Since 2007

685 Research studies supported

12,000+ Volunteers recruited to the Exeter 10,000 research registry

100,000+ Research participant visits



NIHR HealthTech Research Centre in Sustainable Innovation

Since May 2024

120+ Innovators and small and medium-sized enterprises (SMEs) supported to develop, evaluate and scale sustainable healthcare solutions

50+ Research and innovation projects enabled and supported

150+ Clinicians, researchers and industry partners engaged through HRC activities

NIHR Research Delivery Network in the South West Peninsula

Over the last ten years

410,403 People recruited into research studies

3,006 Research studies delivered and supported

754 Research delivery sites supported across the South West Peninsula

The Research Journey

From discovery to better health and care

Research is a journey. At every stage, different parts of the NIHR infrastructure work together to turn ideas into real improvements for patients and communities.

1

Idea & Discovery

Researchers generate new ideas and make scientific discoveries that have the potential to improve health.

2

Development & Testing

Ideas are developed further and tested in the laboratory to understand how they work and their potential benefits.

3

Clinical Research

New treatments, devices and approaches are tested in people to assess safety, efficacy and effectiveness.

4

Research Delivery

Research is delivered in hospitals, GP practices, community services, care homes, hospices, schools and people's homes – closer to where people live.

5

Implementation & Adoption

Evidence is translated into practice and adopted in health and care services to deliver better outcomes.

6

Impact for Patients

Better health, improved care, enhanced quality of life and benefits for the NHS and our communities.

Supported at every stage by NIHR infrastructure



NIHR Biomedical Research Centre (BRC)

Supports discovery research and translates scientific breakthroughs into health benefits.



NIHR Clinical Research Facility (CRF)

Provides specialist facilities and expertise to deliver high-quality early-phase clinical research.



NIHR Commercial Research Delivery Centre (CRDC)

Supports commercial research across healthcare settings, including primary care, improving access to innovative studies through partnerships that contribute to the nation's health and wealth.



NIHR Research Delivery Network (RDN)

Strengthens the UK's health and care research workforce and infrastructure through targeted support and funding, helping more people access life-changing research opportunities in more locations, and helping studies deliver the treatments and care that patients and communities need.



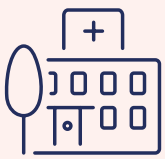
NIHR HealthTech Research Centre (HRC)

Accelerates the development and adoption of innovative health technologies for a sustainable future.



NIHR Applied Research Collaboration (ARC)

Generates applied research to improve services, reduce inequalities and inform decision-making.



NIHR Health Determinants Research Collaboration (HDRC)

Strengthens research within local government, helping councils use evidence to inform decisions, improve population health and address health inequalities.

Working together, we move research forward – faster and further.
More discoveries. More opportunities. Better health and care for everyone.

Meet the People Behind the Research

Different roles. Different perspectives. One shared purpose.

Behind every research project are the people who make it possible. From researchers and research nurses to innovation specialists and those championing public involvement, over the next few pages you will meet some of the people helping to shape the future of health and care research across the South West Peninsula.

Meet the people behind the research



Dr. Sonia Medina

Translational Fellow, Rehabilitation | NIHR BRC Exeter

What inspires you most about your work?

I consider myself a 'translational pain neuroscientist'. My main goal is to build bridges between what we've learned through years of basic research – how the brain and body work, how we experience pain and why it sometimes doesn't go away – and practical strategies that healthcare professionals and individuals can use to prevent or manage chronic pain and improve quality of life.

What project are you most proud to have been involved in?

I'm very proud of the project I led during my BRC translational fellowship. Not only did it reflect my main research goal, it also gave me the opportunity to work alongside members of the public living with chronic pain. Through patient and public involvement and engagement (PPIE), they brought valuable perspectives that helped shape the experimental design and interpretation of our findings.

What excites you most about the future of health and care research?

I'm thrilled to see a growing emphasis on communication and collaboration between different research disciplines, from fundamental scientific discoveries through to clinical care that considers biological, psychological and social factors. I believe connecting these areas of research is essential to translating scientific knowledge into practical improvements in healthcare.



From Discovery to Difference

How world-leading research becomes better healthcare

Lead: NIHR Biomedical Research Centre: Exeter

Seeing Rheumatoid Arthritis Sooner

Exeter researchers trial new 3D imaging technology that could improve early diagnosis

A new type of 3D imaging technology being trialled in Exeter could help doctors detect rheumatoid arthritis earlier and reduce the risk of permanent joint damage.

Supported by the NIHR Biomedical Research Centre: Exeter, researchers at the University of Exeter are conducting the first live UK trial of the Adaptix Ortho350. The portable technology produces detailed 3D images at a similar cost and radiation dose to traditional 2D X-rays.

Early diagnosis of rheumatoid arthritis is vital, but traditional X-rays can miss early changes. More detailed imaging, such as MRI and CT, can help but is more expensive and may involve longer waits.

The first participant in the Exeter study was Emma Carnell, 45. Despite experiencing pain and swelling in her hands and ankles, initial X-rays and blood tests were negative for rheumatoid arthritis. An ultrasound later confirmed her diagnosis.

The trial will compare the new 3D technology with traditional X-rays in adults with rheumatoid and other inflammatory arthritis, assessing its potential to identify subtle changes in bones and joints sooner.

By bringing together university researchers, NHS expertise, industry and patients, the study could help pave the way for earlier diagnosis and treatment.

> If this new 3D imaging technology can detect people earlier, it'll make a huge difference.
>
> **Emma Carnell, study participant**

Nearly two decades of clinical research making a difference

Since opening in 2007, the NIHR Exeter Clinical Research Facility (CRF) has played a vital role in advancing clinical research across the South West and beyond.

Hosted by Royal Devon University Healthcare NHS Foundation Trust in partnership with the University of Exeter, the CRF provides specialist facilities and expertise to support early-phase and experimental medicine studies.

Over the years, the facility has supported 685 research studies and delivered more than 100,000 participant visits, working with researchers, healthcare professionals and industry partners to investigate new treatments and approaches to care.

One of its most significant contributions has been in diabetes research. The CRF has supported the development of a low-cost test to measure insulin-producing beta-cell function, helping improve the accuracy of diabetes diagnosis. Findings from this research have been incorporated into national and international guidelines, benefiting people with insulin-treated diabetes.

The facility has also contributed to the development of the Type 1 Diabetes Genetic Risk Score, helping distinguish between type 1 and type 2 diabetes. Its wider research portfolio includes studies investigating new approaches to treating mental health conditions and chronic lung disease.

Another major achievement is the Exeter 10,000 research registry, which has recruited more than 12,000 volunteers and helped researchers identify participants for future studies.

Looking ahead, the CRF is focused on building on these achievements and creating further opportunities for innovative research.

Professor Michael Gibbons, Clinical Director of the NIHR Exeter CRF, said:

"Building on nearly two decades of research excellence, the future of the Exeter CRF is about continuing to support innovative clinical studies, embracing new approaches and creating more opportunities for patients to benefit from research. By working closely with our clinical, academic and industry partners, we can help translate scientific discoveries into better treatments and care for patients across the South West and beyond."



Meet the people behind the research



Emily Fullard-Jones

Clinical Research Facility Assistant | NIHR CRF Exeter

What inspires you most about your work?
What inspires me most is knowing that my work contributes to research that can improve outcomes for patients and support their families. Although I don't work directly with participants, it's motivating to know that my role in supporting the laboratory helps advance medical knowledge and brings us closer to better treatments and care for people affected by disease.

What project or piece of research are you most proud to have been involved in?
I'm particularly proud of my involvement in the EXPERTS-ALS study, which is investigating whether existing approved treatments could be repurposed for motor neurone disease, alongside the search for new biomarkers. It's rewarding to contribute to research that could accelerate the development of effective treatments for people affected by this devastating disease.

What excites you most about the future of health and care research?
I enjoy keeping up to date with advances in healthcare, and I'm particularly interested in how research will continue to improve our understanding and treatment of different diseases and conditions. It's fulfilling to think that studies I've worked on could contribute to future breakthroughs and better outcomes for patients.

Feature Story

Research Without Walls

Bringing research closer to where people live

For Christine, taking part in health research at her local GP surgery was life-changing. Living with disabilities, she knew travelling to hospital for regular research appointments would have been difficult. But when her GP invited her to join a study investigating a potential treatment for diabetes and pre-diabetes, the opportunity was right on her doorstep.

> "I knew the staff, I felt relaxed, and it was right on my doorstep. That made all the difference."
>
> **Christine, research participant**

Her experience illustrates how the NIHR Research Delivery Network (RDN) is helping make research more accessible to people across Cornwall, Devon and Somerset.

Over the past decade, NIHR-supported research has reached far beyond hospitals, involving GP practices, care homes, schools, hospices and other community settings. Between 2014 and 2024, research was supported in 104 schools, 114 care homes and 41 dental practices across the region.

The RDN's Agile Research Delivery Team plays an important role in this work, providing specialist staff and practical support to help organisations deliver studies in a wide range of settings.

This approach has supported major international research, including the **RENEW weight management trials**. Working with Novo Nordisk and the NIHR Industry Hub, GP practices in Devon and Cornwall helped deliver two international studies investigating a potential new treatment for obesity. The South West Peninsula was the UK's highest-recruiting region across the programme.

Mobile research units are bringing research closer to communities across the South West Peninsula. A number of these units operate across the region, providing flexible spaces where people can take part in studies closer to home. The RDN and its Agile Research Delivery Team support research delivered through these units, working alongside local partners to help make research more accessible to people who might otherwise find it difficult to participate.

Meanwhile, Plymouth's Stoke Research Village initiative brought research into a community fun day, engaging more than 120 visitors and encouraging local residents to become NIHR Research Champions.

As NIHR celebrates its 20th anniversary, the ambition remains clear: to make research part of everyday health and care, ensuring more people have opportunities to take part and benefit, wherever they live.



Meet the people behind the research



Jo Taylor

Head of Partner Liaison and Planning
NIHR South West Peninsula Regional Research Delivery Network (SWP RRDN)

What inspires you most about your work?
The patients who volunteer to take part in research, often at incredibly difficult moments in their lives. Their contribution is extraordinary, and none of the progress we've made would be possible without them. After more than 30 years in nursing, I still find it a privilege to support research that makes a difference.

What project are you most proud to have been involved in?
Having spent 24 years as an oncology clinical research nurse, I'm particularly proud of my involvement in cancer research. I've recruited patients to studies that helped demonstrate the need for change, then witnessed treatments once investigated in clinical trials become part of everyday care. Seeing that progress first-hand has been incredibly rewarding.

What excites you most about the future of health and care research?
The opportunity to bring more research to patients and communities across Cornwall, Devon and Somerset. Through my work with the RDN, including developing our regional Study Support Service, I'm helping researchers and healthcare organisations deliver studies that could shape future treatments and improve care.



Building tomorrow's healthcare through innovation

How technology is helping improve care and create a more sustainable NHS

From reducing the environmental impact of healthcare to improving rehabilitation and supporting NHS staff, innovation has the potential to transform how care is delivered.

The NIHR HealthTech Research Centre (HRC) in Sustainable Innovation brings together NHS, university and industry partners, alongside patients and clinicians, to develop and evaluate technologies that address real challenges in health and care.

Hosted by Royal Devon University Healthcare NHS Foundation Trust in partnership with the University of Exeter, the HRC helps innovators gather the evidence needed to bring promising technologies into everyday healthcare.

Making healthcare more sustainable

Working with SageTech Medical and consortium partners, the HRC is supporting the development of technology that captures and recycles anaesthetic gases. This could help reduce harmful emissions from surgery and support the NHS's ambition to achieve net zero.

Improving rehabilitation

The HRC has also worked with Good Boost, which uses artificial intelligence (AI) to deliver personalised exercise programmes on land and in water.

Through real-world testing, participants reported a 33.8% reduction in pain and a 40% improvement in function within six weeks, demonstrating the potential of digital technology to support people with musculoskeletal conditions.

Supporting NHS staff through technology

Another area of focus is Ambient Voice Technology (AVT), which can help clinicians document consultations.

Working with the Royal Devon, the HRC is evaluating the technology's impact on patient safety, clinical workflows, staff experience and patient care. AVT has already been used in more than 40,000 outpatient consultations, with the potential to free up clinical time and increase appointment capacity.

Together, these projects demonstrate how collaboration between researchers, clinicians, patients and industry can help turn promising ideas into practical improvements.

Professor Mike Spiro, Director of the NIHR HealthTech Research Centre in Sustainable Innovation, said:

> The future of healthcare depends on finding new ways to deliver better outcomes for patients while supporting staff and making the best use of healthcare resources. At the HRC, we bring together the people, expertise and evidence needed to turn promising innovations into practical solutions that can be adopted across the NHS.

Meet the people behind the research



Jean Claude Njabou Katte

Research Fellow | NIHR BRC Exeter

What inspires you most about your work?
The people living with diabetes in low-resource settings and those underprivileged in high-income countries who continue to navigate enormous challenges to access diagnosis, treatment and care. Their resilience inspires me every day. As a clinician and researcher, I'm motivated by the opportunity to generate evidence that can improve lives and ensure that advances in medicine benefit everyone, regardless of where they live.

What project are you most proud to have been involved in?
I'm particularly proud of leading the Young-Onset Diabetes in Sub-Saharan Africa (YODA) study, working with collaborators across Africa, Europe and North America. We've helped identify a previously unrecognised form of diabetes in young people of African ancestry, highlighting that diabetes is not a one-size-fits-all condition. This research has the potential to improve diagnosis and treatment for millions of people of African ancestry worldwide.

What excites you most about the future of health and care research?
I'm excited by the growing opportunities to make research more inclusive and globally representative. Advances in genetics, biomarkers and precision medicine offer tremendous potential, but only if they work for diverse populations. I look forward to helping build research capacity in Africa and developing new approaches that deliver better, more personalised care for people living with diabetes around the world.

Feature Story

From research to routine care

How collaboration is improving pelvic health for women

Lead: NIHR Applied Research Collaboration South West

Around one in three women experience urinary incontinence related to pregnancy and childbirth, yet pelvic floor exercises have not always been routinely or consistently taught as part of antenatal care.

The APPEAL programme, supported by the NIHR Applied Research Collaboration South West (ARC SW), is helping to change this.

Working with women and midwives, researchers developed an evidence-based training programme to give midwives the knowledge and confidence to teach pelvic floor muscle exercises effectively during pregnancy.

What began as a research project is now helping to shape NHS practice.

More than **200 maternity and perinatal pelvic health service leads** have been trained across England, with the programme delivered in nine NHS trusts and a further nine planning to introduce it.

In Devon, APPEAL has been embedded within University Hospitals Plymouth NHS Trust's Perinatal Pelvic Health Service, supported by Health Innovation South West and researchers at the University of Exeter.

Training has also been extended to health visitors and community nurses, helping more women access pelvic health information and support.

The programme's influence extends beyond individual NHS services. In 2026, APPEAL was highlighted in the Women's Health Strategy for England as an example of good practice, demonstrating how collaborative research can help shape both frontline care and national policy.

By bringing together researchers, healthcare professionals and women with lived experience, APPEAL demonstrates how evidence can be translated into practical improvements in care, helping more women receive the information and support they need.

Impact at a glance

200+

maternity and perinatal pelvic health service leads trained across England



Impact at a glance

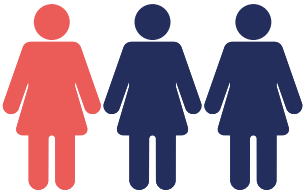


9 NHS trusts have delivered APPEAL training, with a further nine planning delivery

> We're reducing the number of women suffering long term quietly.
>
> **Lizzie Phillips, Pelvic Health Midwife, University Hospitals Plymouth NHS Trust**



Impact at a glance



1 in 3 women experience urinary incontinence related to pregnancy and childbirth



Meet the people behind the research

Becky Fox

Academic Fellow | Rehabilitation and Frailty, NIHR HRC Sustainable Innovation

What inspires you most about your work?
I'm inspired by the enthusiasm and drive of the people I work alongside, from clinicians to innovators, all working to improve outcomes for patients. What connects this diverse group is their creativity, ambition and persistence in tackling challenges and finding solutions. Seeing that determination inspires me to do the same.

What project are you most proud to have been involved in?
I've been a small cog in many projects over the years, but I'm particularly proud of the recent clinical testing of the final WalkSafe™ Frame prototype, designed to improve mobility for some of our frailest older adults. It's an area that has seen limited investment and innovation, so seeing the enthusiasm of patients, families, carers and rehabilitation colleagues, who immediately recognise its potential, has been especially rewarding.

What excites you most about the future of health and care research?
Having rehabilitation at the heart of research across the HRC and BRC offers real opportunities to help older adults age well, particularly here in Devon. It's encouraging to see rehabilitation increasingly recognised for its potential to improve lives and ease pressures on healthcare services. Research and evaluation are essential to making sure we invest in the right approaches – so I'm right where I want to be!

Meet the people behind the research



Professor Kristin Liabo

Deputy Director and Strategic Lead for EDI and PPIE
NIHR ARC South West & NIHR BRC Exeter

What inspires you most about your work?
As the strategic lead for research inclusion and community involvement and engagement, I have the opportunity to make a real difference in how research is carried out. Research has transformed treatment and services in the past 20 years. Focusing more strongly on inclusion and access to research will help us make this true for a wider range of people. I am pleased that this is a priority for the NIHR.

What project are you most proud to have been involved in?
Routes to Wellness, a study that co-designed a peer-support worker model for refugees. Refugees, service providers and researchers worked together, using creative approaches including drawing, drama and food to build a community.

Many participants were new to research but stayed involved throughout, with some continuing into other studies or higher education. Beyond the research itself, the project created lasting friendships, networks and community groups, which I found particularly inspiring.

What excites you most about the future of health and care research?
It is encouraging that health and care research is focused on health inequalities and hopefully this will help us do research that can make a difference to reducing these. I am also excited about the increased appreciation for co-design and co-production, with studies starting to show how this is also good for recruitment and broadening interest in research.

Looking Ahead

Building on 20 years of collaboration

Our first 20 years have shown what's possible when we work together. Now we're looking ahead, building on our strengths, embracing new opportunities and continuing to put people at the heart of research.

As health and care services evolve, research will play an important role in supporting the NHS's ambitions to deliver more care closer to home, embrace digital technologies and place greater emphasis on prevention.

Research Closer to Home



Expanding opportunities for people to take part in research across primary care, community services, care homes and other local settings, making research more accessible to the people it aims to benefit.

Accelerating Innovation



Harnessing emerging technologies, including artificial intelligence and digital solutions, to improve patient care, support healthcare professionals and create more sustainable health services.

Stronger Partnerships



Bringing together expertise across the NHS, universities, industry, charities and communities to turn research discoveries into meaningful improvements in health and care.

Supporting the Next Generation



Investing in training, fellowships and career development to support the researchers, clinicians and research professionals who will shape the future of health and care.

Keeping People at the Heart



Working with patients, carers and communities to ensure research reflects their experiences, addresses health inequalities and focuses on what matters most to people.

The next chapter of health and care research will be written together.

By continuing to collaborate, innovate and put people first, the South West Peninsula's NIHR research community can help create a healthier, fairer future for everyone.

Get Involved in Research

Research is for everyone.

Whether you want to take part in a study, share your experiences or explore a career in research, there are many ways to get involved and make a difference.



Be part of the next chapter.

Explore opportunities to get involved in health and care research and help shape a healthier future.

Find out more



Our NIHR Research Community

The South West Peninsula is home to a wide range of NIHR-supported organisations and programmes, each contributing expertise to strengthen research and improve health and care.

Together, they form part of a wider research community, connecting people, organisations and opportunities across the region.

Explore NIHR-supported organisations and programmes across the South West Peninsula:

- NIHR South West Peninsula Regional Research Delivery Network (RRDN)
- NIHR Applied Research Collaboration South West (ARC SW)
- NIHR Clinical Research Facility: Exeter (CRF)
- NIHR Commercial Research Delivery Centre: Cornwall and Isles of Scilly (CRDC)
- NIHR Commercial Research Delivery Centre – Primary Care: Cornwall and Devon (CRDC-PC)
- NIHR Biomedical Research Centre: Exeter (BRC)
- NIHR Health Determinants Research Collaboration: Cornwall (HDRC)
- NIHR Health Determinants Research Collaboration: Plymouth (HDRC)
- NIHR Health Determinants Research Collaboration: Somerset (HDRC)
- NIHR School for Primary Care Research (SPCR)
- NIHR School for Public Health Research (SPHR)
- NIHR HealthTech Research Centre: Sustainable Innovation (HRC)
- NIHR Specialist Centre for Public Health Research Support Services – South West Satellite (RSS)
- Sustainable Health Systems Hub (SHS)
- NIHR Policy Research Unit in Dementia and Neurodegeneration Exeter (DeNPRU)
- NIHR Public Health Intervention Responsive Studies Teams (PHIRST)
- NIHR Public Health Intervention Responsive Studies Teams: EMPower (PHIRST)

One NIHR. One Peninsula. One Shared Purpose.

One NIHR.
One Peninsula.
One Shared Purpose.

For 20 years, NIHR has helped bring together researchers, healthcare professionals, patients, communities and partners with a shared ambition: to improve lives through research.

Across the South West Peninsula, that ambition continues to drive discovery, innovation and improvements in health and care. While our organisations each bring different expertise, our greatest strength lies in what we can achieve together.

As we celebrate the achievements of the past two decades, we also look ahead with optimism – to new discoveries, stronger partnerships and more opportunities for people to benefit from and contribute to research.

Thank you to everyone who has been part of this journey. Together, we look forward to shaping the next 20 years of health and care research.



NIHR

National Institute for Health and Care Research